



NCCA Courses - Licensing/Masters & PhD Clinical Christian Counseling Degree Programs

Course		Requirements	Description – Books/DVDS or ONLINE!
Phase I	• Basic Christian Counseling	<ol style="list-style-type: none"> 1. Approximately 10 clock hours 2. Maximum time limit four weeks 3. Pass a proctored final exam 	<p>This course will cover, on audiocassette or videotapes, four hours of instruction. The instructor will provide the student with an overview of the "Big Eight" (types of secular counseling and therapeutic methods). In addition, the student will be taught the difference between Christian and secular counseling, goals, techniques, and several other important topics, such as the dangers and pitfalls of counseling.</p>
	• Creation Therapy	<ol style="list-style-type: none"> 1. Approximately 50 clock hours 2. Pass two proctored exams 	<p>(Book/DVD only) The candidate will be provided with an in-depth background of the theory of temperament and provided with the scientific and biblical basis for this theory. This course introduces a fifth temperament and the behavioral patterns of each temperament. The student then learns about the temperament testing mechanism (<i>Arno Profile System</i>) and how to administer the tests in a clinical setting and interpret the results to help counsel more effectively. <u>The student is required to administer a total of twenty five (25) APS reports and submit a counseling summary for each to fulfill graduation requirements.</u></p>
	• Christian Psychology & Counseling	<ol style="list-style-type: none"> 1. Approximately 45 clock hours 2. Maximum time limit sixteen weeks 3. Pass two proctored exams 	<p>This course is approximately 300 pages in length. The candidate will be provided with general information regarding basic theories concerning historical systems of psychology, counseling, biblical theories of counseling and the utilization of N.C.C.A.'s counseling model, Temperament Theory.</p>

Phase II	<ul style="list-style-type: none"> • Mastering Pastoral Counseling 	<ol style="list-style-type: none"> 1. Approximately 36 clock hours 2. Maximum time limit fourteen weeks 3. Pass one proctored exam 	<p>This course is approximately 225 pages in length. The candidate will be provided with specific information regarding stress, anger and guilt with the emphasis on the need to develop family relationships. This course utilizes the N.C.C.A.'s counseling model, Temperament Therapy.</p>
	<ul style="list-style-type: none"> • Temperament Case Studies 	<ol style="list-style-type: none"> 1. Approximately 35 clock hours 2. Maximum time limit 12 weeks 3. Pass one proctored exam/complete full counseling sessions and submit counselor report on one client. 	<p>This course is approximately 154 pages in length. The candidate will learn first hand the counseling model with which the N.C.C.A. members and graduates counsel. These case studies utilize the counseling model taught by the N.C.C.A. and they also incorporate other testing instruments with this model.</p>
	<ul style="list-style-type: none"> • Codependency 	<ol style="list-style-type: none"> 1. Approximately 35 clock hours 2. Maximum time limit 12 weeks 3. One proctored exam 	<p>This course is approximately 160 pages in length. The candidate will be provided with specialized training regarding codependency, which incorporates the counseling model, taught by the N.C.C.A.</p>

Phase III	Specialty Area	Advanced Courses
	<ul style="list-style-type: none"> • Integrated Marriage and Family Therapy 	<ul style="list-style-type: none"> • Marriage and Family Counseling, an Integrated Approach • Integrated Temperament Couple Therapy • Pre-Marriage Counseling With Temperament • The Father-Daughter Connection
	<ul style="list-style-type: none"> • Child and Adolescent Therapy 	<ul style="list-style-type: none"> • Counseling Families • Counseling and Children • Counseling and Self-Esteem • Counseling and The Search For Meaning

**Phase
III**

<ul style="list-style-type: none"> • Substance Abuse and Addiction Therapy 	<ul style="list-style-type: none"> • Counseling for Substance Abuse and Addiction • Counseling Adult Children of Alcoholics • Counseling for Problems of Self-Control • Counseling Those With Eating Disorders
<ul style="list-style-type: none"> • Board Certified Temperament Therapist 	<ul style="list-style-type: none"> • Temperament Case Studies • Life’s Answers Through Counseling With God • Living in the Spirit—Utilizing Temperament • Counseling the Codependent: A Christian Perspective Utilizing Temperament
<ul style="list-style-type: none"> • Sexual Therapy 	<ul style="list-style-type: none"> • Counseling For Sexual Disorders • Counseling and Homosexuality • Counseling for Problems of Self-Control • Counseling for Unplanned Pregnancy & Infertility
<ul style="list-style-type: none"> • Death and Grief Therapy 	<ul style="list-style-type: none"> • Counseling the Sick and Terminally Ill • Counseling for Anger • Counseling the Depressed • Counseling Families of Children with Disabilities
<ul style="list-style-type: none"> • Cognitive Therapy and Ethics 	<ul style="list-style-type: none"> • Cognitive Therapy Techniques • Life’s Answers Through Counseling With God • Quality, Ethics and Legal Issues in Christian Counseling • Innovative Approaches in Counseling
<ul style="list-style-type: none"> • Crisis and Abuse Therapy 	<ul style="list-style-type: none"> • Counseling for Family Violence/Abuse • Counseling in Times of Crisis • Counseling for Anger • Counseling the Depressed
<ul style="list-style-type: none"> • Domestic Violence and Intervention Therapy 	<ul style="list-style-type: none"> • Temperament Case Studies • Counseling for Substance Abuse and Addiction • Counseling for Problems of Self-Control • Counseling Families • Counseling and Self-Esteem
<ul style="list-style-type: none"> • Group Therapy 	<ul style="list-style-type: none"> • Must hold an MA or higher, be licensed by NCCA and be Board Certified in Integrated Marriage and Family Therapy. • Group Therapy course